

Name: _____

Reflections For Getting Along

Below are the skills necessary to get along with others. Which skills are you great at? Which skills can you improve upon? Select a few skills below that need improving and decide what you can do to improve those skills.

1. When playing, you don't disrupt others.
2. Join games/fun when invited or ask politely.
3. Share without being asked.
4. Follow the rules when playing.
5. Play fair and cooperate.
6. Handle wins and losses graciously.
7. Take turns.
8. Act appropriate even when others do not.
9. Support and help peers and friends.
10. Give verbal support as needed.
11. Help a friend in need.
12. Join conversations appropriately.
13. Show respect.
14. Refrain from interrupting.
15. Use good sportsmanship.
16. Use appropriate body language.
17. Use appropriate language and tone.
18. Respect the rights of others.
19. Identify acceptable methods to resolve conflict.
20. Respect the personal space of others.
21. Show empathy and know when to show empathy.
22. Know when to seek guidance in social situations.
23. Be patient.
24. Listen and hear what others are saying,

List the number for each skill you feel you could improve and state how you could improve this skill:

Number	Strategies to Improve
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